

April 16, 2005

Dear Barbara,

I am writing this letter to let you know how good the courses you've offered have been to me. It would be a pleasure to me if you wish to use this letter as a testimony of how the Lord has guided and blessed you to offer these workshops. I'm speaking out of my own experiences. I did not know of the need I had to know the Lord's teachings until I started to go to your workshops.

As you well know, my work as an Assistant Principal of a primary school, absorbs me. Before I started to participate in the courses: "Wise and Successful Woman" and "Virtuous and Successful Woman", my life was full of frustrations. My time was only dedicated to my job; my family, parish, and friends were secondary. I was crushed with the idea of not being successful at my job. In my inner-self, I was feeling guilty and crushed, since I was abandoning my personal family and my parish family. My spiritual and personal healths were at risk.

On the first day of the first workshop/retreat I went to and that you directed, I've never imagined the awesome richness I was going to bring with me. Since the first retreat, I am feeling Christ-centered; my life has given 360 degrees spin. Now I have realized that with His favor, I can achieve all things. I have been transformed; I have learned not to be afraid. I am convinced that if I really trust Him, everything will be resolved at the right moment, not whenever I think they should. My family has witnessed my change. There is much peace at home now and I understand them better. When I speak to my other family members, I sometimes feel that it is not me who is speaking but the Lord.

My mind and understanding have been opened. Now I can see even when my eyes are closed. I can hear His whispers in my ears, although I sometimes just hear a smooth and burning breeze that fills my spirit; I feel the Lord at my side. I tell the Lord: "Use me as an instrument of peace and love." During the day, I can see that my prayers have been answered; and that thousands of beautiful moments occur every day. How awesome is to feel like this! I allow myself to enjoy the time dedicated to myself. My feelings of guilt have disappeared.

I recommend your workshops/retreats to all women. I pray to the Lord so that you could offer these courses to the entire diocesan area and that all parishes grant you permission to announce these courses. What's beautiful about your teachings is that we all feel embraced by the Lord's love in spite of who we are, the situation in which we live, or your previous education. All women that have participated in the courses are incredible. Being able to share with them, to listen to their testimonies and necessities has been the sacred thread to unite us even more.

My dearest Barbara, once more I thank you for following the Lord's way. But I thank you even more for teaching us His Word through the Bible and His Love through His works. Your books (the study guide and workbook) and personalized CDs that we use during the courses are fabulous. Once you listen to them, you don't want to listen to the radio, to music, or anything else. There are so many teachings in them. Your teachings have been the Lord's blessings to all women who participated of your workshops. May the Lord continue blessing you with His Grace. May your task as an educator in His Name be extended so that other women who love Him as you do may be able to teach/bring your courses to other places. If the Lord permits, I will see you on April 30<sup>th</sup>, 2005 at the next workshop: "Transformed and Successful Woman- Level 3."

My good friend, I now say goodbye with much love in the Name of Jesus.

Sincerely yours,

Esther García